

Canadian Chinese Marriage Enrichment Association 25th Marriage Encounter (ME) Workshop

粵語「夫婦懇談週末營」



The Canadian Chinese Marriage Enrichment Association (CCMEA) organizes a Cantonese speaking Marriage Encounter (ME) Workshop in Toronto every year to enrich and enhance marriage life.

What is Marriage Encounter (ME)?

Marriage Encounter is founded by a Spanish priest GABRIEL CALVO in 1958 to help married couples to communicate more intimately with one another, to deepen and enrich their relationship. To date, the ME movement has spread all over the world.

What is CCMEA Marriage Encounter Workshop?

This ME Workshop is organized by CCMEA and is conducted in Cantonese, of which we share similar family values and culture. ME Workshop provides a private and comfortable environment allowing couple who are willing to enrich their couples relationship, to explore a new way to rejuvenate their marriage.

The Marriage Encounter Workshop is held over a long weekend. During this weekend, couples will be away from the distractions of their everyday life, have some private time with their spouse to learn a love-based communication technique and appreciation of each other, and rediscover the hopes and dreams of their marriage. The workshop is not based on listening to lectures nor does it provide counseling sessions. A team of trained volunteer couples will share their own real life experiences. The purpose of each sharing is to inspire couples to examine themselves, their behaviours and attitudes, and rediscover their own feelings about various aspects of their marriage.

The ME weekend is presided by a Catholic priest, however, couples with different or no religions are welcome to attend.

After attending the ME Workshop, participating couples become members of CCMEA. CCMEA provides a variety of activities and workshops to maintain ongoing contact and continuity, to support each other and to renew the incentive to maintain a loving marriage.

Find Out More?

To learn more about CCMEA and the ME Workshop, please click on the links below to watch two episodes produced jointly by "Fountain of Love and Life" and "CCMEA":

1st Episode "I Do" 「永恆的諾言」

<https://fll.cc/video/i-do/>

2nd Episode "Listen, Love, Talk" 「聽愛、談情、共融樂」

<https://fll.cc/video/listen-love-talk/>

CCMEA also produces a monthly radio show 「聽愛、談情、共融樂」 in the "Fountain of Love and Life" radio talk show 《愛•生命》. In this radio show, CCMEA members themselves share their ups and downs, and lessons learned, in their marriage and family relationships on air. The radio show is broadcasted in the third Saturday of each month at 6 pm on Toronto radio AM1430. To replay previously broadcasted episodes, you can visit the "Fountain of Love and Life" website <http://fll.cc/tag/marriage-enrichment-tag/> or the "CCMEA" website <http://www.ccmea.ca>. Below is a list of previously broadcasted episodes.

- ❖ 聽愛、談情、共融樂 (Jerry & Anna Liu ; Philip & Kimmy Cheung)
- ❖ 我的家庭 (Ken & Catherine Tea)
- ❖ 核心小組 (Joe & Liza Tam)
- ❖ 三代同堂 (John & Mary Liu)
- ❖ 相稱的助手 (YC, Elizabeth & Vicki Lee)
- ❖ 溝通的技巧 (Ringo, Barbara & Amanda Wu)
- ❖ 太極情緣 (Peter & Irene Lo ; Thomas & Mavis Siu)
- ❖ 融樂廚房 (Joe & Alice Tam)
- ❖ 此時此刻 天長地久 (Alfred & Joria Tam)
- ❖ 轉念 抉擇 (Raymond & Donna Ng)
- ❖ 門外門內, 寶刀情緣 (Raymond & Alice Lam)
- ❖ Empathy 我心有你心 (Ken & Christina Fan)
- ❖ 愛在逆境中 (Jimmy & Margaret Lee)
- ❖ 我退休啦! (Mark & Teresa Shum)
- ❖ 那些年、拉大隊 (Kelvin & Carmen Tsang ; David & Leona Woo)
- ❖ 回應, 信賴, 交托 (David & Chris To)
- ❖ 極珍貴的禮物 (Joseph & Teresa Waye)

Please accept our sincere invitation to join this year's ME Workshop. **The 25th Cantonese speaking ME Workshop in 2020 will be held at the Valley of the Mother of God Retreat Center in Orangeville during the long weekend in August, from August 1 (Saturday) to August 3 (Monday) 2020.**

Interested participants, please register as early as you can. For registration enquiries, please contact: **ccmea.MEcamp@gmail.com**, or you can go to the "CCMEA" website **www.ccmea.ca** to download the registration form. Both spouses must attend.



週年大旅行 Annual Picnic at Bruce Mill Conservation Centre



週年退省 Annual Spiritual Retreat at St. Francis Retreat Centre



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夫婦融樂會

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報名表格

	英文 English	中文 Chinese	宗教 Religion (if applicable)
丈夫姓名 (Mr.)			
妻子姓名 (Ms.)			
	住家 Home	手提 Cell	辦公 Office (optional)
電話 Phone		Mr.	Mr.
		Ms.	Ms.
地址 Address	Postal Code		
電郵 email	Mr.	Ms.	
結婚日期 Date of Marriage	年 year	月 month	日 day
結婚儀式 Wedding Ceremony	天主教 [] Catholic	基督教 [] Christian	民間 [] Civil
備註 Remarks	其他 [] Other		

查詢與聯絡 Enquiry and Contact By
Email: ccmea.MEcamp@gmail.com

注意事項 Please note:

- 日期: 2020年八月一日(星期六)至八月三日(星期一)長週末
Date: August 1, 2020 (Saturday) to August 3, 2020 (Monday) long weekend
- 地點 Venue: The Valley of the Mother of God Retreat Center
953376, 7th Line EHS, Mono, ON L9W 6E8
- 費用: 每對夫婦加幣四百八十元
Cost: CAD \$480 per couple
- 報名登記必須於全部費用收到後方才生效
Registration is confirmed only when full payment is received
- 取消登記規則: 大會為閣下安排之房間, 於酒店確定後恕不退款
Cancellation rule: No refund will be honored AFTER your room is confirmed with the Retreat Center